

Crawford County Schools

Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 CRISPITOS CHICKEN PATTY ON BROCCOLI WITH CH FRENCH FRIES FRUIT COCKTAIL MILK - Variety	Jan - 4 BURRITO QUESADILLA REFRIED BEANS TORTILLA CHIPS(WG SALSA (COM) STRAWBERRIES MILK - Variety	Jan - 5 PIZZA PEPPERONI TUNA FISH SANDWIC GARDEN SALAD CARROT STICKS(2) RANCH DRESSING Choice of Fruit MILK - Variety
Jan - 8 CORNDOG(FF) GRILLED CHEESE SA FRENCH FRIES KETCHUP HEINZ PEAS&CARROTS (1/2) Choice of Fruit MILK - Variety	Jan - 9 SPAGHETTI WITH M BREAD STICKS HAM AND CHEESE S GARDEN SALAD RANCH DRESSING VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 10 FISH SANDWICH ON CHICKEN PATTY ON MACARONI & CHEES VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 11 HOT DOG ON A BUN HAMBURGER ON BU KETCHUP HEINZ MUSTARD COLE SLAW CREAM VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 12 PIZZA PEPPERONI BARBEQUED PORK PINTO BEANS(h) VEGGIE BAR RANCH DRESSING Choice of Fruit MILK - Variety
Jan - 15 NO SCHOOL TODAY	Jan - 16 SLOPPY JOE ON A B HAM AND CHEESE S PASTA SALAD VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 17 CHICKEN AND NOOD CHICKEN PATTY ON GARDEN SALAD BROCCOLI FRESH(R RANCH DRESSING Choice of Fruit MILK - Variety	Jan - 18 Breakfast for Lunch FRENCH TOAST STI BISCUITS AND SAUS SAUSAGE PATTY TATER TOTS KETCHUP HEINZ Choice of Fruit MILK - Variety	Jan - 19 PIZZA PEPPERONI WILDCAT RIB ON BU BAKED BEANS VEGGIE BAR RANCH DRESSING Choice of Fruit MILK - Variety
Jan - 22 MEATBALLS ON WG GRILLED CHEESE SA TOMATO SOUP CELERY STICKS CHILLED PEARS BANANA MILK - Variety	Jan - 23 CHICKEN CHUNKS HAM AND CHEESE S PASTA SALAD VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 24 CHILI CON CARNE W CORN BREAD AND M CHICKEN PATTY ON TATER TOTS TOMATO & CUCUMB Choice of Fruit MILK - Variety	Jan - 25 OPEN FACE TURKEY ROAST PORK BREAD&MARGARINE MASHED POTATOES gravy CARROTS ORANGED Choice of Fruit MILK - Variety	Jan - 26 PIZZA PEPPERONI CRISPITOS SPICY PINTO BEAN (VEGGIE BAR RANCH DRESSING Choice of Fruit MILK - Variety
Jan - 29 BARBEQUED PORK GRILLED CHEESE SA CHICKEN NOODLE S VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 30 BURRITO/CHEESE S HAM AND CHEESE S PINTO BEANS VEGGIE BAR Choice of Fruit MILK - Variety	Jan - 31 TURKEY WRAP CHICKEN PATTY ON BROCCOLI SALAD CARROT STICKS(2) Choice of Fruit MILK - Variety		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.